

Stepping into messengership

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There's a line in *Conversations with God* that has long intrigued me. It says that *when we encounter our greatest love, we meet our greatest fear*. I'd like to share with you some reflections about this based on my experience of running several CWG workshops and standing in for Neale on the first day of his recent 5 day retreat in London. Scary, exciting and exhilarating stuff!

Moving from soul work (waking myself up) into God work (waking others up) has been a long and slow process. Completing the Foundation's Life Education Process gave me the final boost of confidence I felt I needed to get out there and help others apply the wisdom of CWG in their lives. I felt this to be my strongest desire, my greatest love.

Yet after leaving Ashland and having this new sense of largeness, I immediately encountered thoughts of "Am I enough?", "What if it all goes horribly wrong?" and "What on earth will people think of me?" I was in danger of doing absolutely nothing with all this fabulous awareness I'd grown as these critical voices played out in my head.

There are several things that helped me to push through all this False Evidence Appearing very Real. Keeping in regular contact fellow LEP graduates has made a huge difference. Having these co-conspirators in the room with me at the workshops has been immensely rewarding as we hold the space together. *The time of the single teacher is over*, CWG reminds us, and my experience is that the depth and demands of this calling to awaken others are best met by teamwork.

Becoming aware of my specific fears using the 10 Illusions of Humans as a road map has also helped me to step up into being a messenger. Consciously naming and recognising my own unique blend of Insufficiency, Failure and Judgement made these fears become flimsier and flimsier. I can't say that I disappeared them but I can say I got them to be handleable so they no longer paralysed me. I also said to myself many times that wonderful line from *Communion with God*: *I never fail to succeed...*

Reflecting back on the work I've done to date, there are things that I got "wrong" or at least would do differently next time. In one workshop a participant kept on repeating her story and I could feel the energy in the room draining away. With hindsight I could have met her more head on by asking her "What do you want?" but that awareness only came to me after the event (via one of the other participants). Learning how to join each person differently and then blend the different energies to create a safe container in which people can find and speak their truth is for me the most stretching and fulfilling part of this God work.

So I know I am not getting everything "right" and wonder if I ever will? But what is "right" and does it even exist? I suspect not. The perfectionist in me breathes a huge sigh of relief at the thought of there being a multitude of possibilities and not one of them being "better" than any others. What happens is what happens. What is, *is*. I know that my intentions are good and that I am doing the best I can. I don't think God asks for or seeks more than that. In a word, I am *enough*. Just as I am. Foibles, flaws and all.

So for any of you reluctant spiritual messengers out there, here's my counsel for getting over your misgivings and into your mission:

- Think about getting some training and support from like-minded souls – it may help to give you that extra confidence boost
- Look closely at you think is holding you back – *call your fears adventure* and remind yourself often that you can never fail to succeed
- Know that Who You Are and your most wonderful Self is the most important thing that you bring to the room – and that is already there

And finally...enjoy the ride!